

Volume 28, Number 1

August 2010 Av / Elul 5770

## **RABBI'S MESSAGE: A "SEMPER FI"\* MOMENT**

Many of you know that I am on the "Mine Falls Park Advisory Committee" which monitors the 325 acre park in Nashua and makes recommendations for its upkeep and maintenance. We have a trail day every month from April to October. Periodically, members of the committee walk the park looking for tasks that can be done with volunteers in that 3-hour period.

It was Memorial Day. I entered the park at the Whipple Street entrance. When one enters the park at the Whipple Street entrance, just on the North side of the entry bridge is a monument stating: "These fields are dedicated in memory of Staff Sargeant Allen H. Soifert USMC of Nashua Killed in Action Oct. 14, 1983 in Beirut, Lebanon while serving with the multi-national peace keeping force. No greater love has a man than this. That he lay down his life for peace. Dedicated Sep. 28, 1986." Soifert was Jewish and the monument includes his name and date of death in Hebrew characters.

I might not have noticed what I am about to describe had it been a one-time occurrence, but I've seen it repeatedly from many different veterans. Just as I neared the monument, I was passed by a couple who were jogging. As she turned to the right, he said to her, "I'll catch up with you. Semper fi moment." He stopped and stood in front of the monument for what we might call "a moment of silence" and just before departing to continue his run, he saluted.

This is as close to eternal life as any of us will ever have. What I observed was in a field, but in truth it is no different from what we do at Kaddish or at a Yizkor Memorial service. Our lives are validated again and again by our mitsvot and by those who remember – or to put it in the terms of the Marine I saw that day, "a semper fi moment".

Be-ve-ra-cha,

Joshua L. Segal, Rabbi

\* Semper Fidelis is Latin for "Always Faithful". It is well known in the United States as the motto of the U.S. Marine Corps (and often shortened to Semper Fi.)

## JOIN THE EDUCATION COMMITTEE

The Education Committee is looking for new members to participate and contribute ideas about the procedures, functioning, and operations of the Sunday school. If this is you, please call Sheryl Liberman at 603-424-4609.



# **BETENU INFO**

**SPECIAL NOTE:** Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **<u>DO NOT</u>** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **<u>DO NOT</u>** bring your own cleaning products for oneg or other cleanup.

Thank you!



#### AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

#### **BETENU ACCEPTS MC, VISA & Discover!**

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



#### **CONGREGATION BETENU**

Rabbi: Joshua Segal 603-886-1633 or rabbi@betenu.org
President: Michael Goldstein 603-424-9953 or president@betenu.org
VP Finance: Peter Stein 603-465-6036
VP Admin: Roberta Pavoll 603-672-9820
(Acting) VP Educ: Sheryl Liberman 603-424-4609
Secretary: Elissa Kahn 603-673-8283
(Acting) Treasurer: Joel Silberberg 603-472-8143
Trustee: Vivian McGuire 603-882-3139
Trustee: Bob Rimalover 603-672-5629
Truste@Large: Sara Murphy 603-465-7119
Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



## **PRE-HIGH HOLY DAY HELP NEEDED**

Hi Everyone,

We will need help with mailings, putting the booklets together, etc. If we can put you on the help list, we'll contact you when help is needed and see if you are available.

Elissa Kahn eckahn@yahoo.com or 673-8283

Betenu office: Betenu@betenu.org or 886-1633

# **HIGH HOLY DAY INFORMATION**

#### HIGH HOLY DAY TICKETS

Tickets are required for all High Holy Day services at Betenu. All members in good standing will receive their tickets in the mail free-of-charge. We will continue to provide tickets at no cost to military personnel and students. Non-members may call the temple office at 886-1633 to order tickets in advance. Any non-member who purchases tickets for the High Holy Days and then chooses to join the temple by December 2010, will receive full credit of the purchase price of the ticket towards the membership dues. The cost per adult ticket is \$175.

## ALIYOT

If you would like to read Torah or Haftorah on the High Holidays OR to recite the blessings before the Torah is read, please contact Karen Satz at <u>karensatz@gmail.com</u> or 617-285-4082. It is an honor and a wonderful experience, and we will help you and give you lots of support.

#### **ENGLISH READINGS**

Part of what makes the High Holydays at Betenu so special is the participation of our members. Please become a reader for one of our services. Readings available for all services; knowledge of Hebrew is not necessary. To volunteer or if you have questions, contact Elsa Conrad at mmeconrad@grolen.com or 879-9189.



#### **HIGH HOLY DAY PRAYERBOOKS**

#### **To Order**

We have a limited supply of the <u>Gates of Repentance</u> prayerbooks. If you would like to purchase a copy for your own use or to donate copies to Betenu, please call the temple office at 886-1633. The cost to donate a Machzor to the temple is \$40. It can be in honor of a loved one or in memory of a loved one. An inscription will be placed on the inside cover

of the Machzor. The cost to buy a copy for your own use is \$30.



## **HIGH HOLY DAY INFORMATION continued**

# **HONEY FUNDRAISER**

Congregation Betenu will once again be selling honey products for the Jewish New Year. Stop in to pick some up. This year, we will be selling:

- ☆ Clover honey bears: \$5.00 / 12 oz bear
- ☆ raw honey: \$8.00 / 1 lb glass jar
- ☆ flavored whipped honey: \$8.50 / 1 lb glass jar
- ☆ 6" beeswax candles: \$10.00 / pair
- ✤ 12" beeswax candles: \$14.00 / pair



#### **USHERS NEEDED**



We are looking for a few good people who are willing to usher for the High Holy Days. Duties include: handing out the <u>Gates of Repentance</u>, helping those who need an extra hand, and being aware of emergency procedures.

We would like to have at least 3 ushers (one near the front door, one near the back door, and one for downstairs) for each of the following services: Erev Rosh HaShana, Rosh HaShana morning, Kol Nidre, and Yom Kippur morning.

If you are willing to usher, please call the temple office at 886-1633. (We'd love to have help from the post Bar / Bat Mitzvah students!) Thank you!

## **SILENT AUCTION**



Are you tired of parking in the Wal-Mart lot on the High Holy Days? Do you wish that we had use of the condo lot during the weekdays? Well, Dave is AUCTIONING OFF his presidential parking space for the Rosh HaShana morning service (Thursday, September 9, 10:30 am). If you are interested in parking next to the Rabbi on the side of the building, please email your bid to the temple office at <u>betenu@nii.net</u>. The highest bid will win the parking space for that

service!

What an easy way to benefit yourself while making a donation to the temple!! All bids need to be placed by **Wednesday**, **September 1**! The winners will be notified by email on Wednesday, September 16.



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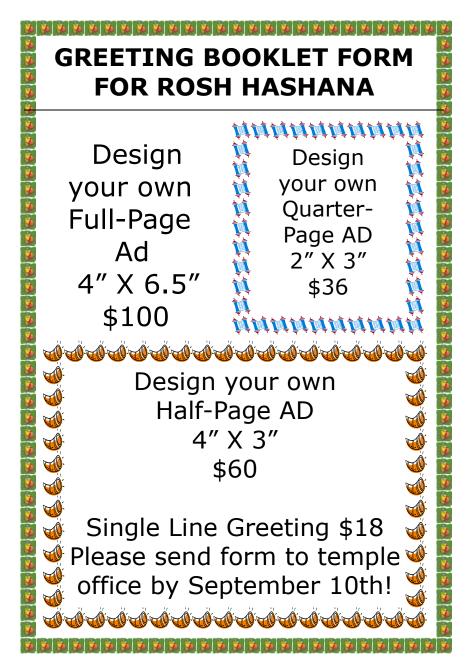


#### **DESIGN YOUR OWN HHD GREETING**

For your Family or your Business

Full Page Ad just \$100 1/2 Page Ad just \$60 1/4 Page Ad just \$36 Single line greeting \$18

Please send greetings and checks to the temple office. Please email the greeting ad as a jpeg to Betenu@nii.net.





#### **YIZKOR BOOKLET**

On Yom Kippur, Congregation Betenu will be publishing a Yizkor Memorial Booklet, to honor deceased relatives and friends. The booklet will include a list of names of those to be memorialized. The booklets will be handed out at the Yizkor service, and the names in the booklet will be read aloud at that service.

To include names in this booklet, please send this form or email the information and send a check to Betenu@Betenu.org

Congregation Betenu 5 Northern Blvd, #1 Amherst, NH 03031

Please enclose a minimum donation of \$6 per name, in a check made out to Congregation Betenu. Note that we do not ask for a donation for names of people who died in the last year. You may email the names to <u>Betenu@nii.net</u>.

<u>Name to be Memorialized</u>	<u>Relationship to Donor</u>	<u>Donor Name</u>
Example: John Doe	Uncle of	Jane Doe



# **HIGH HOLY DAY INFORMATION**

#### FOR MORE ENJOYABLE HIGH HOLY DAY SERVICES

# IN THE INTEREST OF HAVING EVERYONE GAIN THE MOST MEANING FROM OUR SERVICES, PLEASE FOLLOW THESE GUIDELINES:

- ★ Tickets are required for all High Holy Day services at Betenu. Members in good standing will receive their tickets in the mail free-of-charge. Non-members may call the temple office at 886-1633 to order their tickets in advance. There is a suggested donation of \$175 per ticket.
- Please bring your tickets with you to ALL services. There will be an express line to enter the building for those with tickets. For those people without tickets, there will be another line where you will be required to fill out information, show identification, and make financial arrangements.
- ★ Members have preferential seating in the sanctuary up until 15 minutes before each service begins.
- ☆ When taking your seat, please move all the way to the end of the row. DO NOT leave seats empty in the middle of the row. This way there will be room for all.
- ✤ Parents with children in the babysitting room should sit upstairs so you can be easily found if you are needed.
- Remember the solemnity of the Kol Nidre and Yizkor services on Yom Kippur. Parents should use their best judgment to determine whether their children can sit quietly for these services. Otherwise, parents may be asked to take their children upstairs to the Kindergarten room.
- ✤ Babysitting will be available during the morning services on both Rosh HaShana (Thursday, September 9<sup>th</sup>) and Yom Kippur (Saturday, September 18<sup>th</sup>) in the Kindergarten room.
- ✤ Junior services will be available during the morning services on both Rosh HaShana (Thursday, September 9<sup>th</sup>) and Yom Kippur (Saturday, September 18<sup>th</sup>) in the front classroom.

#### PARKING

Please respect and follow these important parking rules:

- ☆ The roadway behind Betenu is a FIRE LANE. Parking behind Betenu is prohibited.
- ✤ The three legal spaces on the side of the building are reserved for the Rabbi, the Cantorial Soloist, and the President (or the highest bidder). Please respect this.
- ✤ The five legal spaces directly in front of Betenu's front door are reserved for handicapped access. Please respect this.
- ☆ On Erev Rosh HaShana, Wednesday evening, September 8<sup>th</sup>, parking is available in the condo lot.
- ☆ On Rosh HaShana Day, Thursday, September 9<sup>th</sup>, parking is NOT available in the condo lot. It is a workday and the offices all use the parking lot. Please park on Northern Blvd or on Columbia Drive on the side of the street closest to Betenu. Only handicapped parking is available!
- ☆ On Kol Nidre, Friday evening, September 17<sup>th</sup>, parking is available in the condo lot.
- ✤ On Yom Kippur day, Saturday, September 18th, parking is available in the condo lot.
- ✤ You may also park in far end of the Wal-Mart lot (closest to Betenu).



#### **HIGH HOLY DAY INFORMATION**



#### HHD SERVICES DETAILED SCHEDULE

Erev Rosh HaShana: Wed, Sept 8, 7:30 PM Sermon: Hope Custom: On Death and Dying: Part 1. At Death

Rosh HaShana: Thurs, Sept 9, 10:30 AM Sermon: AMA 21st Century Jewish Top 10 List (with Commentary) Custom: On Death and Dying: Part 2. At and just after the Funeral

Shabbat Shuvah: Fri Sept 10, 7:30 PM Custom: On Death and Dying: Part 3. Shivah

Kol Nidre: Fri, Sept 17, 7:30 PM Sermon: For Condemning in Our Children the Faults We Tolerate in Ourselves

Yom Kippur: Sat, Sept 18, 10:30 AM Sermon: Pain Custom: On Death and Dying: Part 4. The First Year

**Yom Kippur: Sat, Sept 18, 1:15 PM** Break—Activity TBA

Yom Kippur: Sat, Sept 18, 3:45 PM Yizkor, Ne-i-lah Custom: On Death and Dying: Part 5. Yahrzeits and cemetery Visits

Yom Kippur: Sat, Sept 18, 7:00 PM Break-the-fast: hosted by Faith Episcopal Church





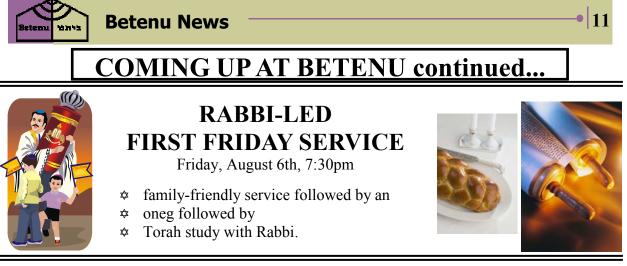
# August 2010 (5770)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>]</i> 3pm Annual Jewish Service at Cathedral of the Pines	2	3	4	5	б 7:30 pm Rabbi-led Service	7 Re'eh
8	9 7:30pm General Board Mtg	10 Rosh Chodesh: Elul	<b>11</b> Rosh Chodesh: Elul	12	13 7:30 pm Lay-led Service	14 Shoftim
15	16	17	18	19	20 7:30 pm Meet the Rabbi / Board Installation Service	21 Ki Tetze
22	23	24	25	26	27 7:30 pm Lay-led Service	28 Ki Tavo
29	30	31				



# September 2010 (5770-71)

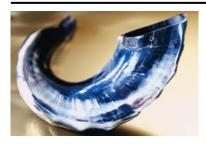
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 7:30 pm Rabbi-led Service	4 7:30 pm Selichot Service at Betenu Selichot Nitzavim-Vayelech
5	б Labor Day	7	8 7:30 pm RH Service Erev Rosh HaShanah	9 10:30 am RH Service Rosh HaShanah	10 7:30 pm Rabbi-led Erev Shabbat Shuvah Service Rosh HaShanah	11 Ha'azinu Shabbat Shuvah
12 9:15am Religious School #1 & Parent Meeting Fast of Gedalia	13 7:30 Executive Board Mtg	14	15	16	<i>] 7</i> 7:30 pm Kol Nidre	18 10:30 am YK 3:45 pm YK / Yizkor Ne-i-lah 7pm Break-fast
19 9:15am Religious School #2 & 1pm Rabbi-led Sukkah Bldg Party	20	21	22 Erev Sukkot	23 Sukkot	24 7:30pm Rabbi-led Sukkot / Simchat T. Service Sukkot	25 10:30am TotShabbat #1 Chol HaMoed
26 9:15am Religious School #3 Sukkot	27 Sukkot	28 Sukkot	29 Hoshanah Rabbah	30 (In Israel— Simchat Torah) Simchat Torah Shemini Atzerat		



#### **GENERAL BOARD MEETING**

August 9th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to Mike Goldstein ahead of time if you are interested in putting something on the agenda.



#### SELICHOT AT CONGREGATION BETENU

September 4th, 7:30pm

This year we are hosting the Selichot Service. There will be a discussion, followed by refreshments and then the service.

## **ROSH HASHANA & YOM KIPPUR**

Please see the detailed schedule on the High Holy Day Information Pages.

## SHABBAT SHUVAH

Friday, September 10th, 7:30pm

The Sabbath between Rosh HaShana and Yom Kippur is Shabbat Shuvah (Sabbath of Return). Its haftarah reading begins with "Shuvah Yisrael (Return of Israel)". It also pulls meaning from "Shabbat Teshuvah" (Sabbath of Repentance), for the High Holydays.

There are two haftarah readings:

Hoshea 14:2-10, dealing with earnest repentance and; Micah 7:18-20, praising G-d's mercy.

#### RABBI-LED SUKKAH BUILDING PARTY!

Sunday, September 19th, 1pm

Last year we had a great time! Join in this year as we learn about and decorate the Sukkah with Rabbi Segal. Lunch provided.





## **BETENU PAGES**



## **BETENU THANKS**

- ✤ June and July oneg hosts: Dan & Diane Becker and all who contributed to the onegs.
- Gordon Clarke and everyone who helped by taking trash or recycling home.
- ✤ Burt Janz for teaching us to blow shofar.
- ☆ All who came to shofar lessons: Ariella Stein; Bob Rimalover; Erik Rimalover; Dan Becker; Diane Becker; Sarah Becker & Rahel Limor.



#### **DONATIONS**

Congregation Betenu acknowledges with appreciation the following contributions made during the month of June

Joel & Elaine Silberberg in memory of Betty Hirsch, mother of Doug Hirsch

Joel & Elaine Silberberg in memory of Michael Goldhaber, cousin of Sheryl Liberman

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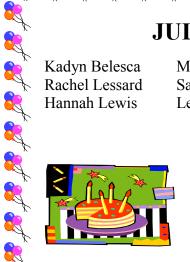
**JULY BIRTHDAYS** 

Kadyn Belesca Rachel Lessard Hannah Lewis

Mark Liff Sasha Neefe Leah Schwartz Nora Wagman Scott Schaeffer Harrison Rice



**AUGUST BIRTHDAYS** 



Ben Blotcky William Campbell Andrew Dube Sara Getchell

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Ethan Maron Dan Meltzer Isabel Starr

Justin Newman Corey Newman Olivia Spokane

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# **BETENU PAGES**

It is with great sadness that we inform you of the passing of Betty Hirsch, mother of Doug Hirsch, who passed away on July 5<sup>th</sup>.

May the Holy One bring peace to all who mourn.

It is with great sadness that we inform you of the passing of Michael Goldhaber, Sheryl Liberman's cousin, who passed away on July 26<sup>th</sup>.

May the Holy One bring peace to all who mourn.



#### YAHRZEITS FOR JULY / AUGUST



	son of Marilyn and Abe Erlich	
Philip Wasserman	grandfather of Lenny Wasserman	July 3
Fred Cohen	father of Diana Stern	July 4
Arnold Satz	father of Karen Satz	July 5
Sumner Fierman	father of Barbara Bailey & Elaine Schwartz	July 8
Harriet Murphy	mother of Dan Murphy	July 8
William Goodman	father of Hannah Belesca	July 14
Esther Leichter	grandmother of Allan Kabel	July 14
Michael Schwartz	brother of Bob Schwartz	July 14
William Thompson	grandfather of Hannah & Daniel Thompson	– July 16
	uncle of Allan Kabel	
•	father of Dan Murphy	•
Evelyn Noyovitz	mother of Paul Noyovitz	July 19
Brad Robeck	brother of Amy Jusczak	July 19
	mother of Amy Jusczak	
Mildred A. Cohen	mother of Rich Cohen	July 24
Diantha Perry Gross		July 25
Phyllis Joy Meyer Stein	mother of Peter & Michael Stein	July 28
Elizabeth Paonessa	grandmother of Elissa Kahn	July 29
	father of Yvonne Vogel	
	grandmother of Elsa Conrad	
	father of Jetta Darrow	
Pearl Houts	mother of Patrice Liff	mid August
	cousin of Sara Murphy	•
	father of Ben Vogel	
	sister of Lin Robinson	
		-



## ADULT EDUCATION

#### HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)





#### **ROSH CHODESH FOR WOMEN**

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or <u>SAML54@comcast.net</u>.

#### **KABBALAH GROUP**

Saturdays at 12:30pm—about once every 3 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is <u>Inner Space</u> by Kaplan. For more information contact Sheryl Liberman 424-4609 or <u>SAML54@comcast.net</u>.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan: www.youtube.com/watch?v=x9bwEFS7Btk&feature=related



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## **EDUCATION**

#### **Sunday Religious School Personnel:**

VP Education: Sheryl Liberman Hebrew / Continuing Hebrew: Sonia Campeanu Hebrew & Jewish Studies: Sandra Whitman Principal: Rahel Limor Hebrew Assistant: Nina Matovka Madricha: Rachel Liff

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## ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration has begun for 2010-11 for our weekly Sunday classes in Jewish studies, Hebrew, music and Bnei Mitzvah preparation for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

# **BETENU PAGES**

#### **ONEG SHABBATS**

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

August6:OpenAugust13:OpenAugust20:OpenAugust27:Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.



# **BETENU BITS**



JEWISH PRIDE NIGHT July 2010

Eran dons tefillin

#### MAZEL TOV!

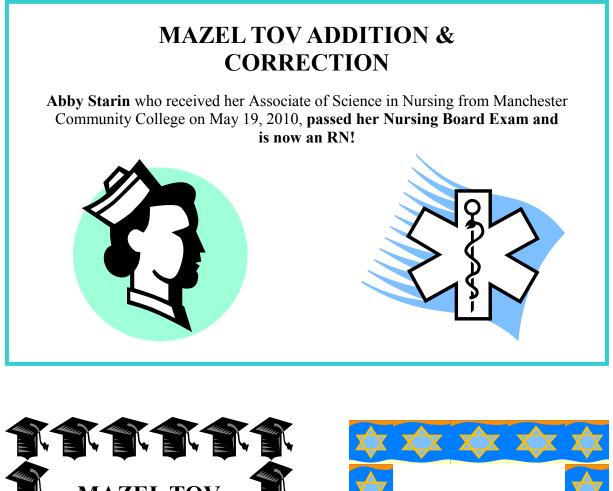
Abby & Amir (cousins to the Limor family) on the birth of Daniel Lucas. Daniel was born Monday, July 12th in Israel.







## **BETENU BITS**







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#### **BETENU BITS**

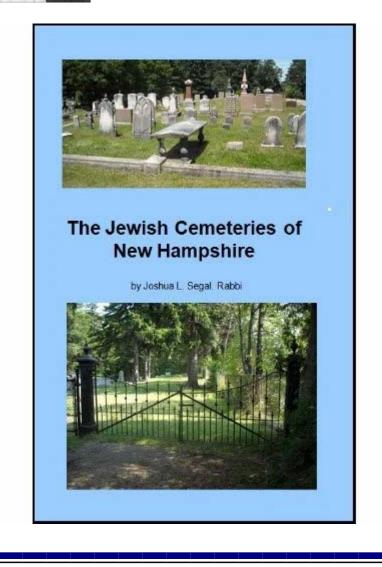


#### **MAZEL TOV**

To Rabbi Segal on his new book

Rabbi will hold a Havdallah & book signing event on **Saturday, November 13th**.

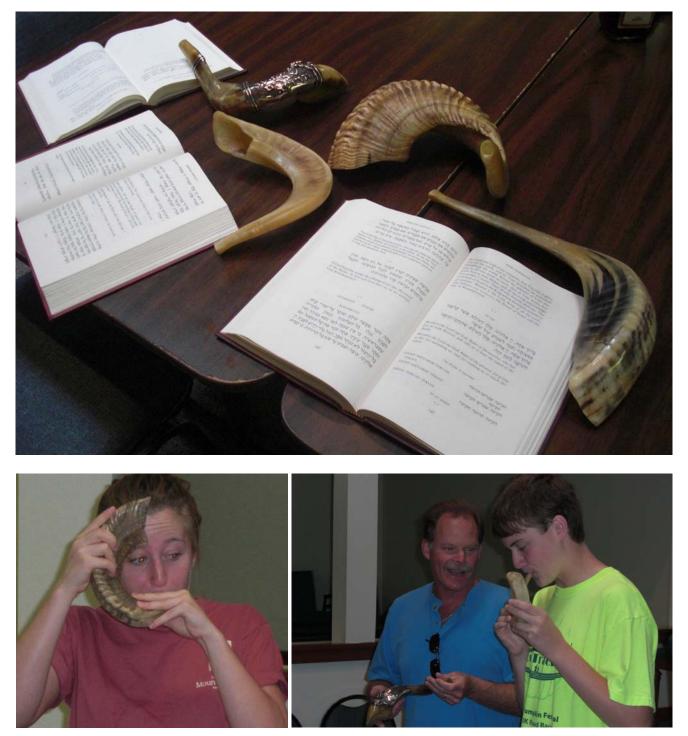
Copies will be available in the gift shop.





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## HOW'S IT GOING?... SHOFAR SO GOOD!



EVERYONE HAD A BLAST!



# SHOFAR LESSONS (watch email for next lesson date)





**Betenu News** 









# SHOFAR LESSONS (watch email for next lesson date)















# SHOFAR LESSONS (watch email for next lesson date)













# **COMMUNITY HAPPENINGS**

#### **SHARE CLOTHING BARN IN NEED!**

The following items are requested by the Clothing Barn Volunteers.

- 1. Boys shorts any size3. Infants Summer clothing2. Market and the state of t
- 2. Mens jeans 4. Toddlers shorts and shirts

Many thanks for anything you can do to help.

Items may be dropped off Wed: 3-5 P.M.; Thurs. and Sat.: 10-12 noon.

## **FOOD NEEDED!**

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE. Wish lists: www.sharenh.org/food.html and

www.nsks.org/CurrentWishList.asp

#### **OTHER ITEMS**

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear www.nsks.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

**"ISRAEL IS REAL"** Listen live on the radio WSMN 1590AM or via the Internet at www.wsmnradio.com Fridays from 10-11 am. Or go to israelisreal.weebly.com and click on Archives at the top to listen to previous weeks' shows. Now you can hear what you've been missing. Advertising and show sponsorship available. Check the website for the next **VISION MEETING** and other VISION important information. Meetings will be held on Wednesdays and Thursdays this NH FOR ISRAEL year! All friends of Israel are welcome. Check out www.nh4israel.org Voice of ISrael Initiative of New Hampshire for more upcoming events, articles and more...

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CONGREGATION BETENU FIVE NORTHERN BLVD #1 AMHERST, NH 03031 USA