

RABBI'S MESSAGE: A "SEMPER FI"* MOMENT

Many of you know that I am on the "Mine Falls Park Advisory Committee" which monitors the 325 acre park in Nashua and makes recommendations for its upkeep and maintenance. We have a trail day every month from April to October. Periodically, members of the committee walk the park looking for tasks that can be done with volunteers in that 3-hour period.

It was Memorial Day. I entered the park at the Whipple Street entrance. When one enters the park at the Whipple Street entrance, just on the North side of the entry bridge is a monument stating: "These fields are dedicated in memory of Staff Sergeant Allen H. Soifert USMC of Nashua Killed in Action Oct. 14, 1983 in Beirut, Lebanon while serving with the multi-national peace keeping force. No greater love has a man than this. That he lay down his life for peace. Dedicated Sep. 28, 1986." Soifert was Jewish and the monument includes his name and date of death in Hebrew characters.

I might not have noticed what I am about to describe had it been a one-time occurrence, but I've seen it repeatedly from many different veterans. Just as I neared the monument, I was passed by a couple who were jogging. As she turned to the right, he said to her, "I'll catch up with you. Semper fi moment." He stopped and stood in front of the monument for what we might call "a moment of silence" and just before departing to continue his run, he saluted.

This is as close to eternal life as any of us will ever have. What I observed was in a field, but in truth it is no different from what we do at Kaddish or at a Yizkor Memorial service. Our lives are validated again and again by our mitsvot and by those who remember – or to put it in the terms of the Marine I saw that day, "a semper fi moment".

Be-ve-ra-cha,

Joshua L. Segal, Rabbi

JOIN THE EDUCATION COMMITTEE

The Education Committee is looking for new members to participate and contribute ideas about the procedures, functioning, and operations of the Sunday school. If this is you, please call Sheryl Liberman at 603-424-4609.



BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Michael Goldstein 603-424-9953

or president@betenu.org

VP Finance: Peter Stein 603-465-6036

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

(Acting) Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee: Bob Rimalover 603-672-5629

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



PRE-HIGH HOLY DAY HELP NEEDED

Hi Everyone,

We will need help with mailings, putting the booklets together, etc. If we can put you on the help list, we'll contact you when help is needed and see if you are available.

Elissa Kahn eckahn@yahoo.com or 673-8283

Betenu office: Betenu@betenu.org or 886-1633

HIGH HOLY DAY INFORMATION

HIGH HOLY DAY TICKETS

Tickets are required for all High Holy Day services at Betenu. All members in good standing will receive their tickets in the mail free-of-charge. We will continue to provide tickets at no cost to military personnel and students. Non-members may call the temple office at 886-1633 to order tickets in advance. Any non-member who purchases tickets for the High Holy Days and then chooses to join the temple by December 2010, will receive full credit of the purchase price of the ticket towards the membership dues. The cost per adult ticket is \$175.

ALIYOT

If you would like to read Torah or Haftorah on the High Holidays OR to recite the blessings before the Torah is read, please contact Karen Satz at karensatz@gmail.com or 617-285-4082. It is an honor and a wonderful experience, and we will help you and give you lots of support.

ENGLISH READINGS

Part of what makes the High Holydays at Betenu so special is the participation of our members. Please become a reader for one of our services. Readings available for all services; knowledge of Hebrew is not necessary. To volunteer or if you have questions, contact Elsa Conrad at mmeconrad@grolen.com or 879-9189.

HIGH HOLY DAY PRAYERBOOKS

To Order

We have a limited supply of the **Gates of Repentance** prayerbooks. If you would like to purchase a copy for your own use or to donate copies to Betenu, please call the temple office at 886-1633. The cost to donate a Machzor to the temple is \$40. It can be in honor of a loved one or in memory of a loved one. An inscription will be placed on the inside cover

of the Machzor. The cost to buy a copy for your own use is \$30.



HIGH HOLY DAY INFORMATION continued

HONEY FUNDRAISER



Congregation Betenu will once again be selling honey products for the Jewish New Year. Stop in to pick some up. This year, we will be selling:

- ✧ Clover honey bears: \$5.00 / 12 oz bear
- ✧ raw honey: \$8.00 / 1 lb glass jar
- ✧ flavored whipped honey: \$8.50 / 1 lb glass jar
- ✧ 6" beeswax candles: \$10.00 / pair
- ✧ 12" beeswax candles: \$14.00 / pair



USHERS NEEDED



We are looking for a few good people who are willing to usher for the High Holy Days. Duties include: handing out the Gates of Repentance, helping those who need an extra hand, and being aware of emergency procedures.

We would like to have at least 3 ushers (one near the front door, one near the back door, and one for downstairs) for each of the following services: Erev Rosh HaShana, Rosh HaShana morning, Kol Nidre, and Yom Kippur morning.

If you are willing to usher, please call the temple office at 886-1633. (We'd love to have help from the post Bar / Bat Mitzvah students!) Thank you!

SILENT AUCTION



Are you tired of parking in the Wal-Mart lot on the High Holy Days? Do you wish that we had use of the condo lot during the weekdays? Well, Dave is AUCTIONING OFF his presidential parking space for the Rosh HaShana morning service (Thursday, September 9, 10:30 am). If you are interested in parking next to the Rabbi on the side of the building, please email your bid to the temple office at betenu@nii.net. The highest bid will win the parking space for that service!

What an easy way to benefit yourself while making a donation to the temple!! All bids need to be placed by **Wednesday, September 1!** The winners will be notified by email on Wednesday, September 16.





DESIGN YOUR OWN HHD GREETING

For your Family or your Business

Full Page Ad just \$100 1/2 Page Ad just \$60 1/4 Page Ad just \$36 Single line greeting \$18

Please send greetings and checks to the temple office. Please email the greeting ad as a jpeg to Betenu@nii.net.

GREETING BOOKLET FORM FOR ROSH HASHANA

Design
your own
Full-Page
Ad
4" X 6.5"
\$100

Design
your own
Quarter-
Page AD
2" X 3"
\$36

Design your own
Half-Page AD
4" X 3"
\$60

Single Line Greeting \$18
Please send form to temple
office by September 10th!



HIGH HOLY DAY INFORMATION

FOR MORE ENJOYABLE HIGH HOLY DAY SERVICES

IN THE INTEREST OF HAVING EVERYONE GAIN THE MOST MEANING FROM OUR SERVICES, PLEASE FOLLOW THESE GUIDELINES:

- ✧ Tickets are required for all High Holy Day services at Betenu. Members in good standing will receive their tickets in the mail free-of-charge. Non-members may call the temple office at 886-1633 to order their tickets in advance. There is a suggested donation of \$175 per ticket.
- ✧ Please bring your tickets with you to ALL services. There will be an express line to enter the building for those with tickets. For those people without tickets, there will be another line where you will be required to fill out information, show identification, and make financial arrangements.
- ✧ Members have preferential seating in the sanctuary up until 15 minutes before each service begins.
- ✧ When taking your seat, please move all the way to the end of the row. DO NOT leave seats empty in the middle of the row. This way there will be room for all.
- ✧ Parents with children in the babysitting room should sit upstairs so you can be easily found if you are needed.
- ✧ Remember the solemnity of the Kol Nidre and Yizkor services on Yom Kippur. Parents should use their best judgment to determine whether their children can sit quietly for these services. Otherwise, parents may be asked to take their children upstairs to the Kindergarten room.
- ✧ Babysitting will be available during the morning services on both Rosh HaShana (Thursday, September 9th) and Yom Kippur (Saturday, September 18th) in the Kindergarten room.
- ✧ Junior services will be available during the morning services on both Rosh HaShana (Thursday, September 9th) and Yom Kippur (Saturday, September 18th) in the front classroom.

PARKING

Please respect and follow these important parking rules:

- ✧ The roadway behind Betenu is a FIRE LANE. Parking behind Betenu is prohibited.
- ✧ The three legal spaces on the side of the building are reserved for the Rabbi, the Cantorial Soloist, and the President (or the highest bidder). Please respect this.
- ✧ The five legal spaces directly in front of Betenu's front door are reserved for handicapped access. Please respect this.
- ✧ On Erev Rosh HaShana, Wednesday evening, September 8th, parking is available in the condo lot.
- ✧ On Rosh HaShana Day, Thursday, September 9th, parking is NOT available in the condo lot. It is a workday and the offices all use the parking lot. Please park on Northern Blvd or on Columbia Drive on the side of the street closest to Betenu. Only handicapped parking is available!
- ✧ On Kol Nidre, Friday evening, September 17th, parking is available in the condo lot.
- ✧ On Yom Kippur day, Saturday, September 18th, parking is available in the condo lot.
- ✧ You may also park in far end of the Wal-Mart lot (closest to Betenu).

HIGH HOLY DAY INFORMATION



HHD SERVICES DETAILED SCHEDULE

Erev Rosh HaShana: Wed, Sept 8, 7:30 PM

Sermon: Hope

Custom: On Death and Dying: Part 1. At Death

Rosh HaShana: Thurs, Sept 9, 10:30 AM

Sermon: AMA 21st Century Jewish Top 10 List (with Commentary)

Custom: On Death and Dying: Part 2. At and just after the Funeral

Shabbat Shuvah: Fri Sept 10, 7:30 PM

Custom: On Death and Dying: Part 3. Shivah

Kol Nidre: Fri, Sept 17, 7:30 PM

Sermon: For Condemning in Our Children the Faults We Tolerate in Ourselves

Yom Kippur: Sat, Sept 18, 10:30 AM

Sermon: Pain

Custom: On Death and Dying: Part 4. The First Year

Yom Kippur: Sat, Sept 18, 1:15 PM

Break—Activity TBA

Yom Kippur: Sat, Sept 18, 3:45 PM

Yizkor, Ne-i-lah

Custom: On Death and Dying: Part 5. Yahrzeits and cemetery Visits

Yom Kippur: Sat, Sept 18, 7:00 PM

Break-the-fast: hosted by Faith Episcopal Church





August 2010 (5770)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i> 3pm Annual Jewish Service at Cathedral of the Pines	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i> 7:30 pm Rabbi-led Service	<i>7</i> Re'eh
<i>8</i>	<i>9</i> 7:30pm General Board Mtg	<i>10</i> Rosh Chodesh: Elul	<i>11</i> Rosh Chodesh: Elul	<i>12</i>	<i>13</i> 7:30 pm Lay-led Service	<i>14</i> Shoftim
<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i> 7:30 pm Meet the Rabbi / Board Installation Service	<i>21</i> Ki Tetze
<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i> 7:30 pm Lay-led Service	<i>28</i> Ki Tavo
<i>29</i>	<i>30</i>	<i>31</i>				



September 2010 (5770-71)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 7:30 pm Rabbi-led Service	4 7:30 pm Selichot Service at Betenu Selichot Nitzavim-Vayelech
5	6 Labor Day	7	8 7:30 pm RH Service Erev Rosh HaShanah	9 10:30 am RH Service Rosh HaShanah	10 7:30 pm Rabbi-led Erev Shabbat Shuvah Service Rosh HaShanah	11 Ha'azinu Shabbat Shuvah
12 9:15am Religious School #1 & Parent Meeting Fast of Gedalia	13 7:30 Executive Board Mtg	14	15	16	17 7:30 pm Kol Nidre	18 10:30 am YK 3:45 pm YK / Yizkor Ne-i-lah 7pm Break-fast
19 9:15am Religious School #2 & 1pm Rabbi-led Sukkah Bldg Party	20	21	22 Erev Sukkot	23 Sukkot	24 7:30pm Rabbi-led Sukkot / Simchat T. Service Sukkot	25 10:30am TotShabbat #1 Chol HaMoed
26 9:15am Religious School #3 Sukkot	27 Sukkot	28 Sukkot	29 Hoshanah Rabbah	30 (In Israel— Simchat Torah) Simchat Torah Shemini Atzerat		



COMING UP AT BETENU continued...



RABBI-LED FIRST FRIDAY SERVICE

Friday, August 6th, 7:30pm

- ✧ family-friendly service followed by an
- ✧ oneg followed by
- ✧ Torah study with Rabbi.



GENERAL BOARD MEETING

August 9th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to Mike Goldstein ahead of time if you are interested in putting something on the agenda.



SELICHOT AT CONGREGATION BETENU

September 4th, 7:30pm

This year we are hosting the Selichot Service. There will be a discussion, followed by refreshments and then the service.

ROSH HASHANA & YOM KIPPUR

Please see the detailed schedule on the High Holy Day Information Pages.

SHABBAT SHUVAH

Friday, September 10th, 7:30pm

The Sabbath between Rosh HaShana and Yom Kippur is Shabbat Shuvah (Sabbath of Return). Its haftarah reading begins with “Shuvah Yisrael (Return of Israel)”. It also pulls meaning from “Shabbat Teshuvah” (Sabbath of Repentance), for the High Holydays.

There are two haftarah readings:

Hoshea 14:2-10, dealing with earnest repentance and; Micah 7:18-20, praising G-d’s mercy.

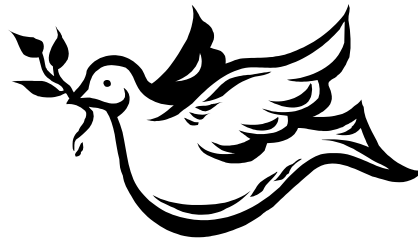
RABBI-LED SUKKAH BUILDING PARTY!

Sunday, September 19th, 1pm

Last year we had a great time! Join in this year as we learn about and decorate the Sukkah with Rabbi Segal. Lunch provided.



BETENU PAGES



BETENU THANKS

- ✧ June and July oneg hosts: Dan & Diane Becker and all who contributed to the onegs.
- ✧ Elsa Conrad, Gordon Clarke and everyone who helped by taking trash or recycling home.
- ✧ Burt Janz for teaching us to blow shofar.
- ✧ All who came to shofar lessons: Ariella Stein; Bob Rimalover; Erik Rimalover; Dan Becker; Diane Becker; Sarah Becker & Rahel Limor.

DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the month of June

Joel & Elaine Silberberg in memory of Betty Hirsch, mother of Doug Hirsch

Joel & Elaine Silberberg in memory of Michael Goldhaber, cousin of Sheryl Liberman



JULY BIRTHDAYS

Kadyn Belesca
Rachel Lessard
Hannah Lewis

Mark Liff
Sasha Neefe
Leah Schwartz

Nora Wagman
Scott Schaeffer
Harrison Rice



AUGUST BIRTHDAYS



Ben Blotcky
William Campbell
Andrew Dube
Sara Getchell

Ethan Maron
Dan Meltzer
Isabel Starr

Justin Newman
Corey Newman
Olivia Spokane



BETENU PAGES

It is with great sadness that we inform you of the passing of Betty Hirsch, mother of Doug Hirsch, who passed away on July 5th.

May the Holy One bring peace to all who mourn.

It is with great sadness that we inform you of the passing of Michael Goldhaber, Sheryl Liberman’s cousin, who passed away on July 26th.

May the Holy One bring peace to all who mourn.



**Yahrzeits for
July / August**



Richard Ehrlich	son of Marilyn and Abe Erlich.....	July
Philip Wasserman	grandfather of Lenny Wasserman	July 3
Fred Cohen	father of Diana Stern	July 4
Arnold Satz	father of Karen Satz	July 5
Sumner Fierman	father of Barbara Bailey & Elaine Schwartz...	July 8
Harriet Murphy	mother of Dan Murphy	July 8
William Goodman	father of Hannah Belesca	July 14
Esther Leichter	grandmother of Allan Kabel	July 14
Michael Schwartz.....	brother of Bob Schwartz	July 14
William Thompson	grandfather of Hannah & Daniel Thompson –	July 16
Sidney Kabel	uncle of Allan Kabel	July 17
Earl Murphy	father of Dan Murphy	July 19
Evelyn Noyovitz	mother of Paul Noyovitz	July 19
Brad Robeck.....	brother of Amy Juscak	July 19
Susan Bernstein Robeck.....	mother of Amy Juscak.....	July 21
Mildred A. Cohen	mother of Rich Cohen	July 24
Diantha Perry Gross	July 25
Phyllis Joy Meyer Stein	mother of Peter & Michael Stein	July 28
Elizabeth Paonessa.....	grandmother of Elissa Kahn.....	July 29
William Feathers	father of Yvonne Vogel.....	August 2
Miriam Macks	grandmother of Elsa Conrad	August 3
Saul Berl.....	father of Jetta Darrow	August 5
Pearl Houts.....	mother of Patrice Liff.....	mid August
Sheppard Werner.....	cousin of Sara Murphy	August 15
Julian Vogel	father of Ben Vogel.....	August 23
Sandra Throw	sister of Lin Robinson.....	August 25



ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related





EDUCATION

Sunday Religious School Personnel:

VP Education: Sheryl Liberman

Hebrew / Continuing Hebrew: Sonia Campeanu

Hebrew & Jewish Studies: Sandra Whitman

Principal: Rahel Limor

Hebrew Assistant: Nina Matovka

Madricha: Rachel Liff



ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration has begun for 2010-11 for our weekly Sunday classes in Jewish studies, Hebrew, music and Bnei Mitzvah preparation for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

BETENU PAGES

ONEG SHABBATS

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

August 6: Open

August 13: Open

August 20: Open

August 27: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

BETENU BITS



JEWISH PRIDE NIGHT July 2010

Eran dons tefillin

MAZEL TOV!

Abby & Amir (cousins to the Limor family) on the birth of Daniel Lucas.
Daniel was born Monday, July 12th in Israel.



BETENU BITS



MAZEL TOV

Peter Stein who received the Shem Tov Award on June 6th.

left to right: Rabbi Segal, Peter Stein,
↓ Jeanne Stein & Elsa Conrad.



BETENU BITS

MAZEL TOV ADDITION & CORRECTION

Abby Starin who received her Associate of Science in Nursing from Manchester Community College on May 19, 2010, **passed her Nursing Board Exam and is now an RN!**



MAZEL TOV

Emily Ditman, who graduated from New York University in New York, NY on May 12, 2010 with a Bachelor of Science degree in Hospitality and Tourism Management.

MAZEL TOV

To our
Confirmand
Rebecca Savage

BETENU BITS



MAZEL TOV

To Rabbi Segal on his new book

Rabbi will hold a Havdallah & book signing event
on **Saturday, November 13th** .

Copies will be available in the gift shop.



**The Jewish Cemeteries of
New Hampshire**

by Joshua L. Segal, Rabbi



SHOFAR LESSONS (watch email for next lesson date)

HOW'S IT GOING?... SHOFAR SO GOOD!



EVERYONE HAD A BLAST!

SHOFAR LESSONS (watch email for next lesson date)



SHOFAR LESSONS (watch email for next lesson date)



SHOFAR LESSONS (watch email for next lesson date)



COMMUNITY HAPPENINGS

SHARE CLOTHING BARN IN NEED!

The following items are requested by the Clothing Barn Volunteers.

1. Boys shorts - any size
2. Mens jeans
3. Infants Summer clothing
4. Toddlers shorts and shirts

Many thanks for anything you can do to help.

Items may be dropped off Wed: 3-5 P.M.; Thurs. and Sat.: 10-12 noon.

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and
www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear
www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21



“ISRAEL IS REAL”

Listen live on the radio WSMN 1590AM or via the Internet at www.wsmnradio.com Fridays from 10-11 am. Or go to israelisreal.weebly.com and click on Archives at the top to listen to previous weeks' shows. Now you can hear what you've been missing. Advertising and show sponsorship available.



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**